



# Fitness Center

**SUMMER 2025**

## **GROUP SWIM LESSONS**



**Session Dates: June 9th-26th**

**Registration Open: June 2nd-5th**

### **SESSION FEE**

**Make sure your billing  
info is current prior  
to 6/2!**

La Vita Member: \$32  
Community Member: \$50

*\*Session includes 6 - 30 minute lessons*

*\*Child's parent must be a member  
to receive the member rate.*

### **MONDAYS/WEDNESDAYS**

*Therapy Pool with Meredith*

**RED Class: 4:00pm - 4:30pm**

**Adult/Child: 5:30pm - 6:00pm**

**LEVEL 1: 6:15pm-6:45pm**

### **TUESDAYS/THURSDAYS**

*Lap Pool with Meredith*

**LEVEL 4: 4:00pm - 4:45pm**

**LEVEL 3: 5:00pm-5:45 pm**

### **MONDAYS/WEDNESDAYS**

*Lap Pool with Mike*

**LEVEL 2: 4:00pm - 4:30pm**

**BLUE: 5:30pm-6:00 pm**

### **TUESDAYS/THURSDAYS**

*Therapy Pool with Mike*

**WHITE Class: 4:00pm - 4:30pm**

- All classes will meet twice per week for three weeks**

**Sign up for lessons at Member Services. M-F: 7:00am - 6:00pm**  
(608) 745-3800 | [LaVita@Aspirus.org](mailto:LaVita@Aspirus.org) | [Aspirus.org/LaVita](https://Aspirus.org/LaVita)

